



University Park Parent Night: PBIS 101

Tuesday, October 6, 2015
Marie Williams, PBIS TOSA, Irvine Unified School District



What does PBIS mean to you?

- In FIVE words or less, define what you understand PBIS to be.
- Be ready to share with your neighbor.



Introductions

- Marie Williams
 - PBIS Teacher on Special Assignment (TOSA)
 - Educator for over 28 years
 - Mother of 2
 - Josiah - 12
 - Asa - 9



Outcomes



- Broaden your definition of PBIS
- Build expertise around PBIS principles and how they apply at home
- Increase enthusiasm about PBIS possibilities



The Power of Positivity





PBIS in a Nutshell



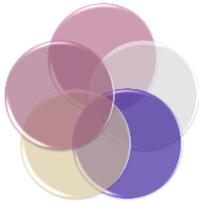
What is School-wide Positive Behavior Support?

- The application of evidence-based strategies and systems to assist schools to:
 - increase academic performance,
 - increase safety
 - decrease problem behavior
 - and establish positive school cultures



SWPBIS is about....

Improving classroom & school climate



PBIS Big Ideas

- Positive Behavior Support is a process for teaching children appropriate behavior and providing the supports necessary to sustain that behavior.
- PBIS is not a curriculum - it is a framework for systems to identify needs, develop strategies, and evaluate practice toward success



Why a School-wide Approach?

- It reduces challenging student behavior through a
 - proactive,
 - positive, and
 - consistent system across all school settings
- Improves academic achievement and social competence
- Improves resiliency skills in students



Resiliency

- Resilient people overcome adversity, bounce back from setbacks, and can thrive under extreme, on-going pressure without acting in dysfunctional or harmful ways.
- The most resilient people recover from traumatic experiences stronger, better, and wiser.

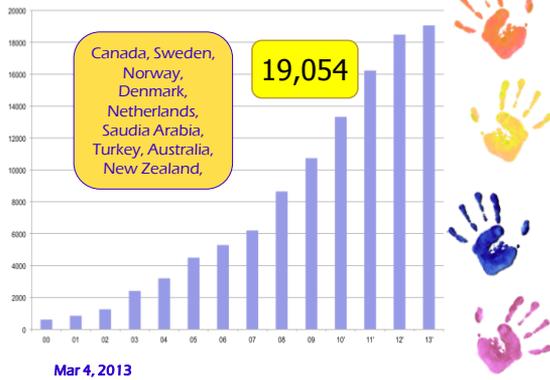


Resiliency, cont'd.

- If you have a resilient disposition, you are better able to maintain poise and a healthy level of physical and psychological wellness in the face of life's challenges.
- Forming a resilient disposition includes:
 - Fostering acceptance
 - Developing gratitude
 - Retaining your attention



Number of U.S. Schools Implementing SWPBIS since 2000

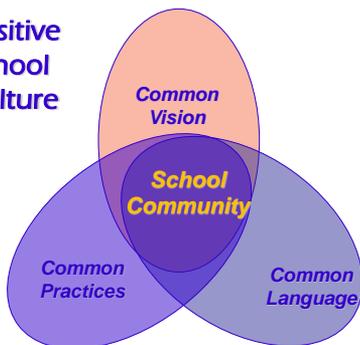


PBIS Involves ALL staff

- staff decides what focus will be
- staff decides how the school will monitor and evaluate progress
- staff decides what goals are
- staff decides what to do to get there



Positive School Culture

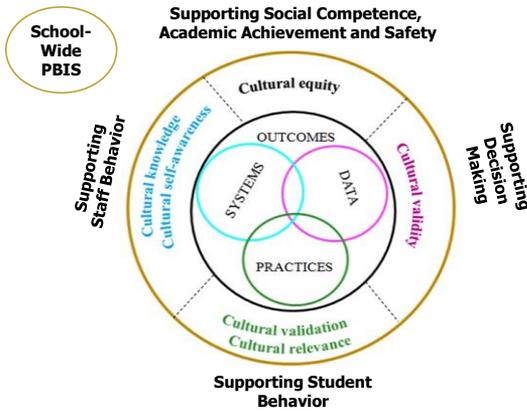


Main Messages

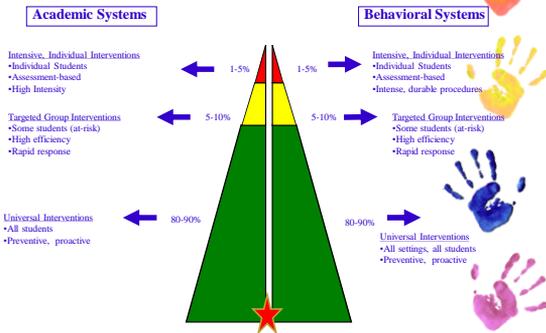


- Supporting **social behavior** is central to achieving academic gains.
- School-wide PBIS is an **evidence-based practice** for building a positive social culture that will promote academic, behavioral and social success.
- **Implementation** of any evidence-based practice requires a more coordinated focus than typically expected.

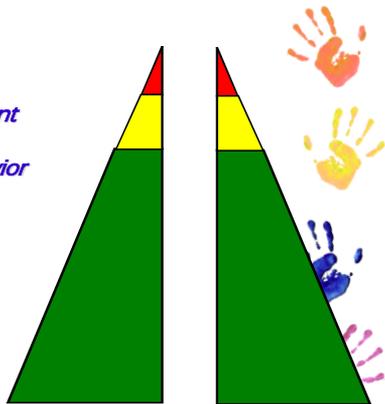




Designing School-Wide Systems for Student Success



*Achievement
+
Social Behavior*



A look at the 7 Critical Features of PBIS

- Effective PBIS Team
- Behavioral Statement of Purpose
- 3-5 Behavioral Expectations
- Teaching Matrix (school-wide & Classroom)
- Acknowledgement System
- Behavioral Error Response System
- Data for Decision-Making



Representative Team



- Administrator
- Special & general education teachers
- Specialists (PE, Art, Music)
- Counselor
- Transportation representative
- Parent liaison
- Student?
- PBIS coach (pupil services)



Behavioral Statement of Purpose



Example

“George Washington School is committed to teaching and learning the essential academic and social skills by using best practices to reach our full potential as responsible and respectful citizens in a global community.”

Non-example

“We, at Old School Elementary, believe that fear instilled in young children and corporal punishment still work.”

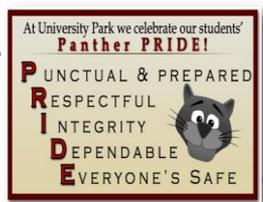
Expectations

- Schools identify 3 to 5 overarching positively-stated expectations which reflect the needs of the school community. The expectations are stated briefly and in a positive manner.
- They often address:
 - Respect
 - Responsibility
 - Safety



U.P. Panther P.R.I.D.E.

- P: Punctual & Prepared
- R: Respectful
- I: Integrity
- D: Dependable
- E: Everyone’s Safe



Group Chat



When thinking about the principles of PBIS, what can I do to include more of them at home?

- In daily routines?
- In my conversations with my child?
- When I talk about school?
- Etc.



PBIS Principles at Home

PBIS Principles at Home	
Different homes may have different sets of expectations. Whatever you decide is right for your home, it is important to set the expectations and then follow through. To help you get started here are a few tips other families use:	
Example #1: Be a teacher	
A. Use a MATRIX to teach what the school-wide behavioral expectations look like at home. What does R.O.C.K.S. look like for bed time? Or homework time? Or getting ready to go to school?	
At Home Matrix	Getting ready for bed
P-Punctual & Prepared	Start getting ready the first time you are asked to do so
R-Respect	Put all of your clothes in the laundry basket
H-Integrity	Clean up the bathroom after you brush your teeth
D-Dependable	Help your brother/sister get ready
E-Everyone's Safe	Clean everything off of the floor in your bedroom
B. If you have to say "No", give a reason why.	



At Home Teaching Matrix Example

Routines/Procedures→ Expected Behaviors↓	(ex. Getting Ready for School)	(ex. Homework Time)	(ex. Getting Ready For Bed)



Let's Practice

Getting Ready for School	
P	
R	
I	
D	
E	



I write to you today as a former Jackson Elementary school student who wishes to convey her fondest of gratitude toward a fantastic school. As I grow older and move from state to state, I never forget my roots and where my future began....

Though I had only attended Jackson for roughly four years during kindergarten, first, second, and third grade, I realize now that those years were just as important as any other and I am proud to say that I was once a Jaguar.

*Without further ado, I would like to state that nine years later **I still remember your kindness, your positivity, and most of all the three R's: Respect yourself, Respect others, and Respect property.** Those three lessons have stuck with me throughout the years, from age eight to seventeen, and have bettered me as a human being.*

*In essence, I simply dropped by to express my thanks, and to reassure the staff of Jackson Elementary that their hard work does not go to waste, and that even the simplest of actions or words can spur on a revolution. Thank you very much for giving me the opportunity to live my life to its fullest.
Sincerely,*



High School Student writing to her grade school principal

Summary

- School-wide PBIS is an approach for investing in making the school a **more effective social and educational setting** for **ALL** students.
- Core features of PBIS are an effective framework for improving **Behavior, Academic and Social Support**



In closing...

- Thank you SO MUCH!
- Keep on supporting your students in POSITIVE, PREVENTIVE ways!